



Sexuality Education

Our Whole Lives, OWL, is a sexuality education curriculum based on the guidelines from the National Guidelines Taskforce of Comprehensive Sexuality Education, a group of leading health, education, and sexuality professionals assembled by the Sexuality Information and Education Council of the United States.

OWL nurtures and supports the three Rs of childhood sexuality education (Respect, Relationships, and Responsibility) where children gain self-respect and respect for others, build relationships and understand their responsibilities regarding their own health.

OWL helps students make informed and responsible decisions about their sexual health and behavior. It equips students with accurate, age appropriate information in six subject areas: human development, relationships, personal skills, sexual behavior, sexual health, society and culture.

OWL not only provides facts about anatomy and human development, but also helps participants clarify their values, build interpersonal skills, and understand the spiritual, emotional, and social aspects of sexuality and puberty.

Our Whole Lives Values

Self-Worth and Self-Esteem

Sexual Health

Respect

Relationships

Responsibility

Justice and Inclusivity

Our Whole Lives Offers

- Up-to-date information and honest, age-appropriate answers to all participants' questions
- Activities to clarify values and improve decision-making skills
- Effective group-building to create a safe and supportive peer group
- Encouragement to appreciate their bodies as private and special
- Acceptance of diversity
- Preparation and information about normal changes during puberty
- Practice making responsible decisions that show respect for themselves and others



Student Name: _____

I give my child permission to participate in Our Whole Lives (OWL): Sexuality Education Program at Hopewell Academy.

- I understand that the program includes use of age appropriate but explicit verbal material.
- I understand that I will be given the opportunity to view the materials before they are used if requested.

Parent/Guardian Name (Print): _____

Parent/Guardian Signature: _____ Date: _____